



THURSTON COUNTY Community Services List

Crisis Intervention, Resources and Referrals
The Crisis Clinic of Thurston and Mason Counties
360-586-2800

Visit our website at: www.crisis-clinic.org

September 2022

Washington State 211 (Mon-Fri 9am – 3pm) call 211 or visit <https://search.wa211.org/>
Thurston County Non-Emergency Number: _____ 360-704-2740

CHILDREN/YOUTH/TEENS

Big Brothers / Big Sisters of SW, WA (children matched w/ adult volunteers): _____ 360-943-0409
Boys and Girls Clubs of Thurston County: _____
____Lacey 438-6811; Olympia 556-3615; Tenino 810-3700; Rochester 273-9397; Tumwater 570-8888
Child Care Action Council (Homeless Childcare, Crisis Nursery): _____ 360-786-8907
Child Care Aware of WA (Resource & Referral Line): _____ 800-446-1114
Children's Crisis Stabilization (Newborn-20) **24 hours**: _____ 360-480-5721
Child Protective Services: _____ 866-764-2233 or 866-363-4276
Child, Youth and Family Services (BHR): _____ 360-704-7170
Community Youth Services (Shelter, Crisis Intervention): _____ 360-943-0780
Family Reconciliation Service (DCYF): _____ 360- 725-6701
Family Support Center (Parent Education/Family Support): _____ 360-754-9297
National Runaway Safe Line **24 hours**: _____ 800-786-2929
Nisqually Youth Services: _____ 360-455-5213
South Sound YMCA Briggs: _____ 360-753-6576; Olympia 360-357-6609
Stonewall Youth (LGBTQIA Youth Support Group for 12-21): _____ 360-888-4273
Teen Link (Crisis Connections – Texting Available From 6-9:30pm): _____ 866-833-6546

ADDICTION RECOVERY SERVICES

Alcoholics Anonymous (AA, Adults & Teens) **24 hours**: _____ 360-352-7344
Alternatives Professional Counseling (For Domestic Violence Victims Also): _____ 360-357-7986
Celebrate Recovery at Turning Point Church: _____ 360-489-0378
Evergreen Treatment (Counseling, Methadone Program): _____ 360-413-6910
Gambling Hotline (WA) **24 hours**: _____ 800-547-6133
Narcotics Anonymous (NA) (spana.org): _____ 360-754-4433
Nisqually Substance Abuse Program: _____ 360-413-2727
Northwest Resources (Addiction Counseling/Outpatient Rehab): _____ 360- 943-8810
Olympia Bupe Clinic (Low Barrier Buprenorphine): _____ 360-349-0033
Providence St. Peter Chemical Dependency Center: _____ 360-456-7575
Sea Mar Behavioral Health (incl. Spanish-Speaking Services): _____ 360-704-7590
Syringe Services (Thurston County Health): _____ 360-490-9155
Telecare (Crisis Relating to Drug Abuse or Mental Health): _____ 360-754-2423
The Harvest Program - BHR (for Mothers and Expecting Women): _____ 360-754-5729
True North Student Assistance & Treatment Services (Tumwater/Yelm): _____ 360- 464-6867
Washington Recovery Help Line (Substance Abuse, Gambling, Mental Health): _____ 866-789-1511
Washington State Problem Gambling Hotline (**24 hours**): _____ 800-547-6133

COUNSELING / MENTAL HEALTH

Behavioral Health Resources (BHR, Counseling Services): _____ 360- 704-7170
Capitol Recovery Center (Substance Abuse & Mental Health): _____ 360-357-2582
Catholic Community Services (Family Behavioral Health Services): _____ 360-878-8248
Designated Crisis Responders (Involuntary Detention) **24 hours**: _____ 360-754-1338; 800-270-0041
NAMI Helpline (Nat'l Alliance for Mental Illness: Info. & Support): _____ 360- 493-6021
Suicide Prevention: _____ 800-273-8255

Nisqually Mental Health Program: _____ 360-413-2728
 Olympic Health Recovery: _____ 360-763-5828
 Olympia Free Clinic (Mental Health, Mon & Wed 5-7pm) Message Line: _____ 360- 890-4074
 Providence St. Peter Hospital Psychiatry (Med. Mgmt, no counseling services): _____ 360-493-7064
 Providence St. Peter Intensive Outpatient Program (Identify Psychiatry): _____ 360-493-7060
 Sea Mar Behavioral Health (Includes Spanish-Speaking Services): _____ 360-704-7590
 South Sound Behavioral Hospital (Free Assessments) **24 hours**: _____ 360-764-8400
 Telecare Thurston/Mason (8am-8pm weekdays, 11:30am-8pm weekends): _____ 360-754-2423
 Turning Point Church Counseling Services: _____ 360-489-0378
 WA Warm Line (Peer Support for Mental Health Challenges, 12:30pm-9pm daily): _____
 _____ 877-500-9276 (& 866-427-4747 for King Co Crisis)

DISABILITIES - PHYSICAL & MENTAL

Adult Protective Services, DSHS (Report Abuse of Vulnerable Adults): _____ 877-734-6277
 Arc of WA (Advocates for Citizens with Intellectual/Developmental Disabilities) _____ 360-357-5596
 Blind Services of WA: _____ 360-725-3846
 Braille & Talking Book Library: _____ 800-542-0866
 Deaf & Hard of Hearing Services, WA (DSHS): _____ 800-422-7930 TTY 360-725-3450
 Dial-A-Lift (IT Bus Services): _____ 360-754-9393
 Disability Rights (Seattle): _____ 206-324-1521
 Exceptional Foresters Inc. (Independent Living Service; Employment): _____ 360-426-0077
 Long Term Care Pro, Catholic Community Services (In-Home Assistance): _____ 360-586-2960
 Morningside (Vocational Development/Employment Services): _____ 360-943-0512
 Parent to Parent (Supporting Parents of Individuals with Special Needs): _____ 360- 352-1126
 PAVE (Advocacy for Families & Individuals w/ Disabilities): _____ 253-565-2266
 Thurston County Specialized Recreation: _____ 360- 867-2588
 Childcare Action Council (Public Health/Social Service): _____ 360-754-0845
 Social Security Information Line (SSI/Medicare): _____ 800-772-1213
 Vocational Rehabilitation (Division of DSHS): _____ 360-664-3060

EMPLOYMENT – EDUCATION - LITERACY

Family Education & Support Services (DSHS, Parenting Support/Child Development): _____ 360-754-7629
 Job Corps (Vocational Education & Life Skills: 16-24): _____ 360-754-7409
 Pacific Mountain Workforce Development: _____ 360-704-3568
 Sound Learning (Tutoring for Reading, Writing, ESL, GED): _____ 360-426-9733
 Work First, SPSCC (Pre-Employment Training/Support for Those on TANF): _____ 360- 596-5401
 Work Source (WA State Employment Security: Job Search/Training/Unemployment Compensation): _____ 360-704-3600

EMERGENCY NEEDS – CLOTHING, UTILITIES

Adventist Community Services (Clothing, Emergency Foods): _____ 360-043-1518
 City Gate Ministries (Food, Clothing, Hygiene, Furniture): _____ 360-705-0291
 Clothing Bank (Sacred Heart Church): _____ 360-491-0890
 Community Action Council (Housing/Utility Assistance & Emergency Food Assistance): _____ 360-438-1100
 Community Service Office at DSHS (Medicine Coupons/Food Stamps): _____ 877-501-2233
 Emergency Outreach Program at Sacred Heart Church (Food; Utility Assistance): _____ 360-923-0929
 Olympia Free Store @ Olympia Food Co-Op (Clothing): _____ 360-754-7666
 Red Cross (Tacoma): _____ 253-474-0400
 Saint Vincent De Paul at St. Mike's Church (Pregnancy Aid, Utility Assistance): _____ 360-352-7554
 Salvation Army (Emergency Shelter, Meals, Utilities/Rent Assistance as Funds Avail.): _____ 360-352-8596
 Union Gospel Mission (Clothing, Blankets, Hygiene Supplies, etc.): _____ 360-709-9725
 Yelm Community Services (Food, Clothing, Utilities Assistance, Emergency Shelter): _____ 360-458-7000

FOOD AND NUTRITION

Food Banks: _____ Olympia 360-352-8597; Tenino 360-264-5505 Yelm 360-458-7000
Food Stamps (DSHS Community Service Office): _____ 877-501-2233
Garden Raised Bounty (GRuB): _____ 360-753-5522
Meals on Wheels by Senior Services (Lunches to Anyone 60+ and Home Bound): _____ 360-586-6181
Union Gospel Mission (Meals, Showers, Shelter): _____ 360-709-9725
ROOF Community Services (Rochester Food Bank): _____ 360- 273-6375
Salvation Army (Community Kitchen): _____ 360-352-8596
Women, Infants & Children (WIC) Nutrition Program at Sea Mar: _____ 360-754-2936
YWCA of Olympia (for Supplies that Food Stamps Won't Cover): _____ 360-352-0593
Senior Nutrition Program (Meals on Wheels) Senior Services: _____ Shelton 426-9726

HEALTH CARE - HOSPITALS - CLINICS

AIDS Foundation – Oly Office (Case Management for People w/AIDS): _____ 360-352-2375
Assured Home Health: _____ 360-236-9204
Capital Medical Center and ER Dept: _____ 360-754-5858
CHOICE Regional Health Network (Low-Income Insurance): _____ 360-539-7576
Dental Clinic (Sea Mar): _____ Olympia 570-8016 Lacey 359-4860 Yelm 400-4840
Health Department, Thurston County: _____ 360-867-2500
HIV/AIDS Hotline, WA: _____ 800-272-2437
Homecare Referral Registry (In-Home Care for Medicaid Client Only): _____ 360-664-3162 Ext 143
Hospice (Assured): _____ 360-352-0711
Hospice (Providence St. Peter): _____ 360-486-2999
Medical Assistance, Coupons (CSO, DSHS): _____ 877-501-2233
Nisqually Health Services (Medical and Dental): _____ 360-459-5312
Olympia Free Clinic (M & W 5-7pm): _____ 360-890-4074
Options Pregnancy Clinic (Counseling/Testing, Ultrasound, No Birth Control): _____ 360- 753-0061
Planned Parenthood (Birth Control, Pregnancy Testing/Counseling): _____ 360-754-5522
Paratransit Services (Transportation to Medical Appointments): _____ 800-846-5438
Poison Center, WA **24-hours**: _____ V/TDD: 800-222-1222
Providence St Peter Hospital: _____ 360-491-9480
Sea Mar Medical: _____ Olympia 360-491-1399; Lacey 360-359-4840; Yelm 360-400-4800
SHIBA (State Health Insurance Benefit Advisers: Medicare, Suppl. Ins. Info): _____ 800-562-6900
Union Gospel Mission Clinic (for Uninsured): _____
_____ Vision: 360-709-9725; Dental: 360-943-6400; Public Health: 360-867-2900

HOUSING ASSISTANCE - EMERGENCY SHELTERS

Coordinated Emergency Shelter Entry Line - 24 hours: _____ 844-628-7343
Community Action Council: _____ 360-438-1100
Community Youth Services: _____ 360-943-0780
Drexel House (Housing Programs & Shelter) **24 hours**: _____ 360-753-3340
Eviction Defense Screening Line: _____ 855-657-8387
Family Support Center (Housing Diversion Program) **24 hours**: _____ 360-754-9297
Haven House (Shelter/Crisis Center for Teens 12-17) **24 hours**: _____ 360-754-1151
Housing Authority of Thurston County (for Low Income, Disabled, Elderly): _____ 360-753-8292
Housing Rehabilitation, City of Olympia (Rehabilitation Loans for Homeowners): _____ 360-753-8314
Interfaith Works at Unity Commons (Shelter for 18+, pets OK) **24 hours**: _____ 360-918-8424
Rosie's Place (Drop-In Day Shelter for Youth/Young Adults 12-24): _____ 360-943-0780 Ext 186
Safeplace (Shelter for Abused Women) **24 hours**: _____ 360-754-6300
Salvation Army (Emergency Shelter/Rental Assistance): _____ 360-352-8596
SideWalk Support Center (M-Th 10-3): _____ 360-515-5587
Union Gospel Mission: _____ 360-709-9725

SAFETY - LEGAL - CONSUMER ASSISTANCE AND SUPPORT

Child Support Enforcement Office: _____	800- 442-5437
CLEAR Hotline (Coordinated Legal Edu Advice & Referral): _____	888-201-1014
Consumer Protection Division (Attorney General, Unfair Business): _____	800-551-4636
Crime Victim Advocacy Network (Victim Help Line): _____	360-786-5601
Disability Rights, Washington (Developmentally Disabled/Mentally Ill): _____	800-562-2702
Dispute Resolution Center (Mediation Services): _____	360-956-1155
Domestic Violence Advocates (Thurston County): _____	360-754-2989
Family Court Facilitator (Thurston County Juvenile and Family Court): _____	360-709-3269
Family Support Center (Coordinated Family Services): _____	360-754-9297
Human Rights Commission of WA: _____	360-753-6770
LongTerm Care Ombudsman (Mediation/advocacy in Nursing Homes): _____	360-943-6018
National Domestic Violence Hotline 24 hours : _____	800-799-7233 or TTY 800-787-3224
PFLAG Olympia (Support for LGBTQIA Community and Family): _____	360-207-1608
P.O.W.E.R. (Parents Organizing for Welfare & Economic Rights): _____	360-352-9716
Safe Haven (Needing to Surrender Newborn Anonymously) 24 hours : _____	866-992-2291
SafePlace (Sexual and Domestic Violence Helpline) 24 hours : _____	360-754-6300
Tenant Rights Hotline (Seattle): _____	206-723-0500
Thurston County Family Justice Center: _____	360-754-9297
Victim Assistance (Thurston County Prosecuting Attorney): _____	360-786-5540
Volunteer Legal Services: _____	360-705-8194
Legal Shield: _____	253-896-5252

SENIORS

Adult Protective Services (DSHS, Report Abuse of Vulnerable Adults): _____	877-734-6277
Area Agency on Aging (Info & Case Management): _____	360-664-3162
Catholic Community Services (Home Care): _____	360-586-2960
Homecare and Hospice (by Providence Sound): _____	360-459-8311
Home & Community Services (DSHS, Long-Term Care): _____	360-725-2300
In-Home Care Coordination (by South Sound Care): _____	360-586-4491
Medical Equipment Loan Bank (Message Line): _____	360-456-8810
Older Adult Services (BHR, Counseling/Case Management): _____	360-704-7170
RSVP (Retired Senior Volunteer Program): _____	360-943-2773 ext.20
Senior Centers: _____	
Yelm 458-7733; Lacey 407-3967; Rainier 446-2258; Tumwater 754-4160; Olympia (for transportation ext. 128) 586-6181	
Social Security Office (Olympia): _____	866-807-1160
South Sound Care Connection (Care Coordination): _____	360-586-4491

SPECIFIC POPULATIONS - SERVICES AND ASSISTANCE

Cielo Olympia (Latino Educational; Legal Advocates; Mental Health Services): _____	360-709-0931
Downtown Ambassadors (Street Outreach; Business Support; Hospitality): _____	360-338-2853
KWA: Korean Women's Association (Asian, Pacific Islander, and Elders): _____	253-535-4202
Nisqually Indian Tribal Services: _____	360-456-5221
PiPE (Aid & Counseling for Houseless Youth/Young Adult): _____	360-522-5536
South Puget Intertribal Planning Agency (SPIPA – Five Tribes): _____	360-426-3990
Veterans Assistance Fund (Rent, Utilities, Food, Bus Passes): _____	360-867-2625
Veterans Benefits and Services (WA State): _____	800-562-2308

PEER SUPPORT CRISIS LINES

Alcoholics Anonymous 24 hours : _____	360-352-7344
Psychedelic Peer Support (3pm-3am) Call or Text: _____	623-473-7433

Suicide Lifeline **24 hours** (for Veterans Crisis Line: Press 1): _____ 800-273-8255
The Trevor Project Hotline (Suicidal 25 and Younger, Straight or LGBTQIA) **24 hours**: _ 866-488-7386
Trans Lifeline **24 hours**: _____ 877-565-8860
WA Warm Line (Peer Support for Mental Health Challenges) **24 hours**: 877-500-9276 & 866-427-4747

Volunteers: If you have any suggestions to add to this list, please contact the Volunteer Coordinator