



MASON COUNTY Community Services List

Crisis Intervention, Resources and Referrals
The Crisis Clinic of Thurston and Mason Counties
360-586-2800

Visit our website at: www.crisis-clinic.org

September 2022

Washington State 211 (Mon-Fri 9am – 3pm) call 211 or visit <https://search.wa211.org/>
Mason County Sheriff Non-Emergency Line 360-426-4441

CHILDREN / YOUTH / TEENS

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| Big Brothers / Big Sisters of SW WA (children matched w/ adult volunteers) | 360-943-0409 |
| Boys and Girls Club of North Mason County | 360-362-1855 |
| Child Care Action Council (Resource & Referral Line) | 360-754-0810 or 800-446-1114 |
| Children’s Crisis Stabilization 24 hours | 360-480-5721 |
| Child Protective Services | 866-764-2233 or 866-363-4276 |
| Children and Parents First (Parenting Skills/Child Care) BHR switchboard | 360-704-7170 |
| Children's Mental Health Program (BHR) | 360-704-7170 |
| Coffee Oasis, Youth Programs (Shelter, Counseling) 24 hours text “help” | 360-377-5560 |
| Division of Children and Family Services (DSHS) | 360-432-2050 |
| Community Youth Services (Shelter, Resource Info & Services for At Risk Youth) | 360-943-0780 |
| National Runaway Safe line 24 hours | 800-786-2929 |
| Parent to Parent (Families Caring for Someone w/ Special Needs) | 360-352-1126 |
| Shelton Family Center/Youth Connection | 360-462-0125 |
| South Puget Intertribal Planning Agency (Children & Family Services) | 360-426-3990 |
| Teen Link (Peer Support, Texting Available: 6pm-9:30pm) | 866-833-6546 |
| Youth Help Line (Crisis Clinic) 24 hours | 360-586-2777 |

ADDICTION RECOVERY SERVICES

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|---|---------------------------------------|
| Alcoholics Anonymous (Alanon & Alateen) Peer Support 24 hours | 360-352-7344 |
| Alternatives Professional Counseling (Olympia) | 360-357-7986 |
| Celebrate Recovery (Support Group, Gateway Christian Fellowship) | 360-426-2758 |
| Evergreen Treatment (Counseling, Methadone Program) | 360-413-6910 |
| Gambling Help Line (WA) 24 hours | 800-547-6133 |
| Narcotics Anonymous (NA) (spana.org) | 360-754-4433 |
| Northwest Resources in Shelton (Addiction Counseling, Outpatient Rehab) | 360-868-2697 |
| Recovery Services at BHR (Chemical Dependency Outpatient Program) | 360-704-7170 |
| Recovery Help Line (WA Substance Abuse, Gambling, Mental Health) | 866-789-1511 |
| Sea Mar Behavioral Health (incl. Spanish Speaking Services) | 360-704-7590 |
| Snohomish Tribe (Alcohol & Chemical Dependency) | 360- 877-2008; re: TANF 360- 877-2200 |
| Telecare (Crisis Relating to Drug Abuse & Mental Health) | 360-754-2423 |
| The Harvest Program (BHR, for Mothers & Expecting Women Seeking Recovery) | 360-426-1696 |
| Washington Recovery Help Line (Substance Abuse, Gambling, Mental Health) | 866-789-1511 |
| Washington State Problem Gambling Help Line 24 hours | 800-547-6133 |

COUNSELING - MENTAL HEALTH

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|---|--------------|
| Behavioral Health Resources (BHR) Counseling Services | 360-704-7170 |
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| Catholic Community Services (Family Behavioral Health Services) | 360-878-8248 |
| Community Youth Services (Counseling & Services for At Risk Youth) | 360-943-0780 |
| Consejo Counseling and Referral Service | 360-763-5610 |
| Designated Crisis Responders (Involuntary Detention) 24 hours | 360-754-1338 |
| Mason Clinic (Behavioral Health) | 360-426-2653 |
| Mental Health Professionals LLC, Shelton (Psychiatry) | 360-462-3320 |
| NAMI Thurston/Mason (Nat'l Alliance for Mental Illness: Info & Support) | 360-493-6021 |
| Peninsula Community Health Services | 360-377-3776 |
| Sea Mar Behavioral Health (incl. Spanish Speaking Services) | 360-704-7590 |
| Skokomish Tribal Mental Health Clinic | 360-426-5755 |
| South Sound Behavioral Hospital (Free Assessments) 24 hours | 360-764-8400 |
| Squaxin Island Tribe – Behavioral Health Program | 360-426-1582 |
| Telecare, Shelton (Evaluation & Treatment Center) | 360-205-8001 |
| WA Warm Line (Peer Support for Mental Health Challenges) 24 hours | |
| | 866-427-4747 & 877-500-9276 |

DISABILITIES - PHYSICAL & MENTAL

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|---|-------------------------------|
| Adult Protective Services (DSHS, Report Abuse to Vulnerable Adults) | 877-734-6277 |
| Arc of WA State (Advocates for Citizens with Intellectual/Developmental Disabilities) | |
| | 360-357-5596 |
| Blind Services of WA | 360-725-3846 |
| Braille & Talking Library | 800-542-0866 |
| Deaf & Hard of Hearing Services, WA (DSHS) | 800-422-7930 TTY 360-725-3450 |
| Exceptional Foresters (Independent Living Service, Employment) | 360-426-0077 |
| Gift for Special Children (Financial/Referral Assistance, Emergency on Call) | 360-427-7058 |
| Long Term Care Program, Catholic Community Services (In-Home Assistance) | |
| | 360-427-2230 |
| Parent to Parent (Supporting Parents of Individuals with Special Needs) | 360-352-1126 |
| Shelton School District - Special Services (0-21 years) | 360-426-2151 |
| Social Security Information Line (SSI/ Medicare) | 800-772-1213 |
| Vocational Rehabilitation (Division of DSHS) | 360-664-3060 |

EMPLOYMENT - EDUCATION - LITERACY

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|---|--------------|
| Career Quest (Employment Services for Adults w/ Disabilities) | 360-427-7300 |
| CHOICE High School (Alternative High School for 14-21 years) | 360-426-7664 |
| Family Education & Support Services (Parenting Support, Child Development) | 360-754-7629 |
| Gravity Learning Center (Help for Students: GED Prep, Transport, Supplies) | 360-426-1200 |
| Job Corps (Vocational Education & Life Skills Training, 16-24 years) | 360-754-3668 |
| North Mason School District | 360-277-2300 |
| Olympic College Shelton (Basic College, GED Prep, Adult Basic Education) | 360-432-5400 |
| Pacific Mountain Workforce Development | 360-704-3568 |
| Shelton School District | 360-426-1687 |
| Shelton Timberland Library | 360-426-1362 |
| Sound Learning (Tutoring for Reading, Writing, ESL, GED) | 360-426-9733 |
| Work First Program, SPSCC (Pre-Employment, Training, Support for those on TANF) | |
| | 360-596-5401 |
| Work Source (WA State Employment Security: Job Search, Training, Unemployment Compensation) | 360-427-2174 |

EMERGENCY NEEDS

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|---|--------------|
| Community Action Council (Limited Utility Assistance, Food) | 360-426-9726 |
| Community Lifeline (Food, Emergency Shelter, Showers) 24 hours | 360-462-4439 |
| Community Service Office (DSHS) | 877-501-2233 |

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| Crazy Love Ministries (Hot Meals, Clothing, Support) | 360-358-3355 |
| Crossroads Housing (Emergency Shelter, Rent Assistance) | 360-427-6919 |
| Mason Transit Authority (Dial-A-Ride & Bus Routes) | 360-427-5033 |
| North Mason Resources (Rental & Utility Assistance & More) | 360-552-2303 |
| Turning Point (Domestic Violence Shelter) 24 hours | 360-432-1212 |
| Red Cross (Tacoma) | 253-474-0400 |
| South Puget Intertribal Planning Agency (Assistance for Tribal Members) | 360-426-3990 |
| United Way of Mason County | 360-426-4999 |

FOOD & NUTRITION

Food Banks: Saints Pantry 427-8847; Hood Canal 877-6507, North Mason 275-4615; Matlock 426-1903; Shelton United Methodist Church 426-4174

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| Food Stamps, DSHS | 877-501-2233 |
| Garden Raised Bounty (GRuB) | 360-753-5522 |
| Meals on Wheels by Senior Services (Lunches to Anyone 60+ & Home Bound) | 360-426-3697 |
| Women, Infants, Children (WIC) Nutrition Program | 360-426-9726 |

HEALTH CARE - HOSPITALS - CLINICS

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|---|---|
| AIDS Foundation (Olympia Office: Case Management for People with AIDS) | 360-352-2375 |
| Assured Home Health | 360-236-9204 |
| CHOICE Regional Health Network (Low-Income Insurance) | 360-539-7576 |
| Dental Clinic (Sea Mar, Low-Income) | Olympia 570-8016; Lacey 359-4860; Yelm 400-4840 |
| Family Health Hotline (Watch Me Grow Washington) | 800-322-2588 |
| Health Care Center (Urgent Care, Spanish Available) | 360-426-9717 |
| Health Department, Mason County | Shelton 427-9670; Belfair 275-4467; Elma 482-5269 |
| HIV/AIDS Hotline, WA | 800-272-2437 |
| Homecare Referral Registry (In-Home Care for Medicaid Clients Only) | 360-664-3162 |
| Mason Clinic (Walk-In, Non-Emergency Illnesses/Minor Injuries) | 360-426-2653 |
| Mason General Hospital 24 hours | 360-426-1611 |
| Medical Assistance Coupons (CSO, DSHS) | 877-501-2233 |
| Olympia Free Clinic (M & W 5-7pm) | 360-890-4074 |
| Paratransit Services (Transportation to Medical Appointments) | 800-756-5438 TDD 800-934-5438 |
| Peninsula Community Health Services 24 hours | 360-377-3776 |
| Planned Parenthood (Birth Control, Pregnancy Testing, Counseling) | 360-754-5522 |
| Poison Center, WA (Info for Poison & Overdose) 24 Hours | 800-222-1222 |
| Providence Sound Home Care & Hospice | 360-459-8311 |
| Sea Mar Medical (Low-Income/Hispanic) | Olympia 491-1399; Lacey 359-4840; Yelm 400-4800 |
| Senior Case Management (Area Agency on Aging) | 360-427-2225 |
| SHIBA (State Health Insurance Benefit Advisers: Medicare & Supplemental Insurance Info) | 800-562-6900 |
| Skokomish Indian Tribe Health Clinic | 360-426-5755 |
| Union Gospel Mission (Dental & Vision for Uninsured) | 360-943-6400 |
| Public Health | 360-867-2700 |

HOUSING ASSISTANCE - EMERGENCY SHELTERS

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| Community Action Council (Rental & Utilities Assistance, WIC) | 360-426-9726 |
| Community Lifeline (Single Adult Shelter, No Children) 24 hours | 360-462-4439 |
| Crossroads Housing (Emergency Shelter) | 360-427-6919 |
| Bremerton Housing Authority (Serves Mason County, Low-Income, Disabled, Elderly) | 360-373-0420 |
| Haven House (Shelter/Crisis Center for Teens 12-17 years) 24 hours | 360-754-1151 |
| Housing Options for Students in Transition (for Youth 16-21 years) | 360-426-7664 |
| Kitsap Community Resources (Shelter) | 360-377-0053 |
| North Mason Resources (Rental Assistance, Utility Assistance & more) | 360-552-2303 |

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| South Puget Sound Intertribal Planning Agency (Tribal Housing) | 360-426-3990 |
| Turning Pointe (Domestic Violence Shelter) 24 hours | 360-432-1212 |

SAFETY - LEGAL - CONSUMER ASSISTANCE & SUPPORT

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| Child Support Enforcement Office (DSHS) | 800-442-5437 |
| CLEAR Hotline (Coordinated Legal Education, Advice, Referral, Justice Office) | 888-201-1014 |
| Consumer Protection Division (Attorney General, Unfair Business) | 800-551-4636 |
| Violent Crime Victim Service of Lewis and Mason Counties | 360-701-1043 |
| Department of Health, Mason County Courthouse | 360-427-9670 |
| Disability Rights Washington (Development Disabled, Mentally Ill) | 800-562-2702 or 206-324-1521 |
| Dispute Resolution Center (Mediation Services in Olympia) | 360- 956-1155 |
| Human Rights Commission, WA State | 360-753-6770 |
| Mason Transit Authority | 360-427-5033 |
| National Domestic Violence Hotline 24 hours | 800-799-7233 or TTY 800-787-3224 |
| P.O.W.E.R. (Parents Organizing for Welfare & Economic Rights) | 360-352-9716 |
| Safe Haven (Needing to Surrender Newborn Anonymously) 24 hours | 866-992-2291 |
| Tenant Rights Hotline (Seattle Number) | 206-723-0500 |
| Thurston County Family Justice Center | 360-754-9297 |
| Turning Pointe (Domestic Violence Advocates) 24 Hours | 360- 432-1212 |
| Victim/Witness Assistance (Courthouse) | 360-427-9670 ext. 417 |
| Suicide Prevention | 800-273-8255 |
| Legal Shield | 253-896-5252 |
| Eviction Defense Screening Line | 855-657-8387 |

SENIORS

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|---|-------------------------------|
| Adult Protective Services (DSHS, Report Abuse of Vulnerable Adults) | 877-734-6277 |
| Area Agency on Aging (Info and Case Management) | 360-427-2225 |
| Care Connection | 360-586-4491 |
| Catholic Community Services (Home Care) | 360-586-2960 |
| Faith in Action (Supporting Independent Living) | 360-275-0535 |
| Older Adult Services (BHR, Counseling, Case Management) | 360-704-7170 |
| Paratransit Services | 800-756-5438 TDD 800-934-5438 |
| Senior Activities Association (Meeting Places, Lunches) | 360-426-7374 |
| SHIBA (State Health Insurance Benefit Advisers, Medicare & Supplemental Insurance Info) | 800-562-6900 |
| South Sound Care Connection, Olympia (Care Coordination) | 360-586-4491 |
| Homecare and Hospice (by Providence Sound) | 360-459-8311 |
| Home & Community Services (DSHS, Long Term Care) | 360-725-2300 |
| In-Home Care Coordination (by South Sound Care) | 360-586-4491 |
| Medical Equipment Loan Bank (Message Line) | 360-456-8810 |
| RSVP (United Way Retired Senior Volunteer Program) | 360-943-2773 ext.20 |
| Senior Centers | |
| Yelm 458-7733; Lacey 407-3967; Rainier 446-2258; Tumwater/Park & Rec 754-4160; | |
| Olympia 586-6181 (ext.128 for Transportation) | |
| Social Security Office (Olympia) | 866-807-1160 |
| Farmer's Market Vouchers | 888-545-0910 |

SPECIFIC POPULATIONS: SERVICES & ASSISTANCE

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| Cielo Project (Latino Educational, Legal advocates, Mental Health Services) | 360-709-0931 |
| Immigrant Student's Rights (Superintendent's Office) | 360-725-6147 |
| Mason Veterans Family Assistance Program (Case Management) | 360-426-4546 |
| Skokomish Indian Tribe (Social & Health Services) | 360-426-4232 |
| Squaxin Island Tribal Center | 360-426-9781 |
| South Puget Intertribal Planning Agency (Social Services for Five Tribes) | 360-426-3990 |

PEER SUPPORT CRISIS LINES

Alcoholics Anonymous (24 hours) _____ 360-352-7344
Suicide Lifeline 24 hours (for Veterans Crisis Line: press 1) _____ 800-273-8255
Trans Lifeline (24-hour Crisis Line) _____ 877-565-8860
The Trevor Project Hotline (Suicidal 25 years or younger, Straight or LGBTQIA) 24 hours ___ 866-488-7386
WA Warm Line (peer support for mental health challenges) 24 hours _____
_____ 866-427-4747 & 877-500-9276
Psychedelic Peer Support (Fireside Project, Call or Text) _____ 623-473-7433

Volunteers: if you have any suggestions to add to this list, please contact the Volunteer Coordinator